

## St. Matthew Athletics Code of Conduct

The safety of student athletes is our primary concern. Behaviors that distract the coach/volunteer from their athletes or put fellow athletes at risk are behaviors that compromise safety. The following guidelines are intended to secure the safety of every cross-country participant.

- Runners should observe all normal school rules during the process of changing from school uniforms to practice attire.
- No talking while the coach is talking and giving directions.
- No disruptive behavior that interrupts practices.
- No rough housing or horse play.
- Keep hands to yourself
- No playing in the creek, littering, climbing on the soccer goals.
- In addition, Timberline cross-country runners must stay on the designated side of the road. If runner ignores safety warnings from coaches, they will not be allowed to run in Timberline. This also applies to the 6<sup>th</sup> grade and Varsity who run off campus.

A child may receive up to 3 verbal warnings from coaches or parent volunteers per practice. If more than 3 warnings are given and behavior is not changed, a Conduct report will be administered and given to the principal, Mrs. Magness by the “in-charge” coach of that practice.

- If runner receives 3 warnings during practice then they will sit out
- Each practice will begin with a clean slate.
- The (2<sup>nd</sup>) conduct report will result in student and parent visiting the principal’s office.
- The (3<sup>rd</sup>) conduct report will result in suspension of the student from the Cross-Country team with no refunds.

Parents, please review these guidelines with your child. Sign and return this Code of Conduct with your registration forms.

Parent Signature \_\_\_\_\_

Student Signature \_\_\_\_\_

Date \_\_\_\_\_